Jason's DELI

MENU

GIVING QUALITY A NAME SINCE 1976 · Jason's 50

MANAGER'S SPECIAL

HALF SANDWICH • CHIPS • ONE SIDE:
Side Choices: cup of soup, fruit, or mac & cheese. Excludes Muffalettas
Upgrade to a side salad. Add 2.69

SPECIALTY SANDWICHES

Served with chips. 110-160 cal | Add a Side Salad. 8.19

Turn your sandwich into a MANAGER'S SPECIAL 11.59

California Club 690 cal (sides: 60-250 cal) 12.09
Roasted turkey, bacon, Swiss, tomato, mayo, guacamole, field greens, croissant. One side: fresh fruit, steamed veggies, baked chips, or blue corn chips with salsa.

Club Royale 690 cal 12.09
Smoked turkey, ham, bacon, cheddar, Swiss, lettuce, tomato, honey mustard, croissant.

Deli Club 860 cal 11.49
Ham, roasted turkey, bacon, cheddar, Swiss, lettuce, tomato, mayo, multigrain wheat.

Ranchero Wrap 670 cal (side: 240 cal) 11.09
Grilled chicken, cheddar, jalapeños, pico de gallo, ranch, Southwest spices, wheat wrap. Served with blue corn chips & salsa.

Spicy Sicilian Sub 810 cal 11.09
Pepperoni, salami, ham, provolone, spicy giardiniera, tomatoes, red onions, lettuce, mayo, oil, red wine vinegar, oregano, New Orleans French.

The Carmela 740 cal 10.79
Salami, pepperoni, ham, provolone, spicy pepper relish, mayo, sourdough.

Santa Fe Chicken Sandwich® 710 cal 11.09
Grilled chicken, bacon, Swiss, 1000 Island, guacamole, tomato, multigrain wheat.

Shelley's Deli Chick 600 cal 10.19
Chicken salad with almonds & pineapple, lettuce, tomato, croissant.

Bigger Better BLT 640 cal 9.79
Bacon, lettuce, tomato, fresh-cracked egg*, mayo, avocado, multigrain wheat.

Turkey Wrap 460 cal (sides: 60-250 cal) 10.89
Roasted turkey, tomato, field greens, guacamole, ranch, wheat wrap. One side: fresh fruit, baked chips, steamed veggies, or blue corn chips & salsa.

Smokey Jack Panini 800 cal 11.79
Smoked turkey, bacon, pepper jack, tomato, guacamole, 1000 Island, sourdough.

Chicken Panini 780 cal 11.49
Grilled chicken, provolone, pesto aioli, spinach, tomato, sourdough.

Chipotle Chicken & Avocado Panini 920 cal 11.49
Grilled chicken, avocado, lemon crema, chipotle aioli, pepper jack, pickled red onion, telera bread. Served with blue corn chips & salsa.

Amy's Turkey-O 420 cal 9.39
Roasted turkey, avocado, tomato, pepper jack, red onions, lettuce, stone-ground mustard, everything bun.

Grilled Cheese & Tomato Soup Combo 980 cal 9.09
Muenster, cheddar, multigrain wheat, bowl of Tomato Basil.

Caprese Panini 760 cal 10.39
Mozzarella, spinach, tomato, pesto aioli, focaccia.

Chicken Caprese Panini 910 cal 12.09
Grilled chicken, mozzarella, spinach, tomato, pesto aioli, focaccia.

FAMOUS FAVORITES

Served with chips. 110-160 cal | Add a Side Salad. 8.19

Make your sandwiches into a MANAGER'S SPECIAL 13.49 - 16.09

Deli Cowboy 1040/740 cal Original 16.09 / Lighter 14.09
1/2-pound of pit-smoked beef brisket with melted cheddar, red onions and barbecue sauce, toasted on New Orleans French!

Beefeater 800/660 cal Original 13.49 / Lighter 11.49
1/2-pound of hot roast beef, provolone, mayo, New Orleans French, cup of au jus.

Reuben The Great 7707940 cal Original 14.59 / Lighter 12.59
1/2-pound of hot corned beef or pastrami, Swiss, sauerkraut, 1000 Island, marbled rye.

New York Yankee 1070/740 cal Original 16.09 / Lighter 14.09
3/4-pound combo of hot corned beef, pastrami, Swiss, marbled rye.

Wild Salmon-wich 550 cal (sides: 60-250 cal) 14.29
Wild salmon, guacamole, tomato, lettuce, chipotle aioli, herb focaccia. One side: steamed veggies, fruit, baked chips, or blue corn chips & salsa.

Jason's MUFFALETTAS

Served with chips. 110-160 cal | Add a Side Salad. 8.19

Quarter Muffaletta 490-510 cal 9.39
Ham and salami or roasted turkey with chips.

Quarter Muffaletta Special 630-1060 cal 11.29
Served with chips plus a cup of soup, fruit, or mac & cheese.

BUILD YOUR OWN SANDWICH

Served with chips. 110-160 cal | Add a Side Salad. 8.19
Whole 10.29 / Lighter 9.29 / Half 9.29

Meats

Ham 150/80 cal • **Salami** 680/340 cal • **Tuna Salad with Eggs** 280/140 cal
Roasted Turkey Breast 160/80 cal • **Smoked Turkey Breast** 170/80 cal
Chicken Salad with Almonds & Pineapple 320/160 cal
Roast Beef 190/90 cal • **Corned Beef** Add 2.80/1.80 450/230cal
Pastrami Add 2.80/1.80 620/310 cal

Breads

Multigrain Wheat 260/130 cal • **Country White** 280/140 cal
Marbled Rye 230/120 cal • **Sourdough** 200/100 cal
Ancient Grain Bun 260/130 cal • **Wheat Wrap** 180/90 cal
Herb Focaccia 210/110 cal • **All-butter Croissant** 280/140 cal
Everything Bun 170/90 cal • **French Sub Roll** 220/110 cal
Telera 270/130 cal • **Hatch Green Chili Flatbread** 270/130 cal
Sub Roll 255/128 cal • **Gluten-free** Add 1.09 170/90 cal

Cheeses Add .79

Provolone 150/70 cal • **Cheddar** 180/90 cal • **Swiss** 160/80 cal
American 140/70 cal • **Muenster** 160/80 cal • **Pepper Jack** 160/80 cal
Mozzarella 230/110 cal

Spreads

Mayo 90/45 cal • **Mustard** 10/0 cal • **Stone-ground Mustard** 15/10 cal
Honey Mustard 40/20cal • **Chipotle Aioli** 100/50 cal
Pesto Aioli 70/35 cal • **1000 Island** 70/35 cal • **BBQ Sauce** 30/15 cal
Ranch 60/30 cal • **Jalapeño Ranch** 40/20 cal • **Lemon Crema** 30/15 ca

Add-ons

Avocado Slices Add 1.09 60/30cal • **Guacamole** Add 1.09 25/10 cal
Roasted Red Pepper Hummus Add 1.09 50/25 cal • **Bacon Slices** Add 1.09 45/25 cal • **Fresh Cracked Egg*** Add 1.09 80 cal

*Eggs are served medium. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may result in an increased risk for food borne illness.

Jason's

SALADS

Garden-Fresh Salad Bar **10.69**
Choose from dozens of fresh, wholesome ingredients, including select organics.

Add a protein 80-240 cal **2.79-6.79**
Add some soup 100-550 cal **Bowl 3.39 / Cup 2.79**

The Big Chef 1050/530 cal **Original 12.09 / Lighter 10.59**
Ham, roasted turkey, Asiago, cheddar, grape tomatoes, olives, hard-boiled egg, salad greens, ranch.

Mesa Chicken 850/430 cal **Original 12.69 / Lighter 11.19**
Grilled chicken, cheddar, grape tomatoes, roasted corn and black bean mix, avocado, salad greens, jalapeño ranch.

Nutty Mixed-Up 750/380 cal **Original 12.69 / Lighter 11.19**
Grilled chicken, feta, grapes, strawberries, cranberry-walnut mix, field greens, balsamic vinaigrette.

Chicken Club 1110/560 cal **Original 12.69 / Lighter 11.19**
Grilled chicken, bacon, Asiago, cheddar, grape tomatoes, avocado, salad greens, ranch.

Chicken Caesar 1100/510 cal **Original 11.99 / Lighter 10.49**
Grilled chicken, Asiago, croutons, romaine, Caesar dressing. Served with focaccia.

PASTAS

Add a Side Salad. 8.19

Chicken Alfredo 1480/800 cal **Original 12.69 / Lighter 11.29**
Grilled chicken, penne, Alfredo sauce, Asiago. Served with focaccia. (240/120 cal)

Penne & Meatballs 1400/810 cal **Original 12.19 / Lighter 10.79**
Pork & beef meatballs, penne, marinara, Asiago. Served with focaccia. (240/120 cal)

Zucchini Garden 1330/760 cal **Original 12.09 / Lighter 10.69**
Roasted zucchini, penne, fresco mix of roasted tomatoes, spinach, artichoke hearts, Asiago. Served with focaccia. (240/120 cal)

Cheesy Chicken Truffle 1410/650 cal **Original 12.69 / Lighter 11.29**
Grilled Chicken, spinach, mushrooms, truffle cheese sauce, penne pasta, and Asiago cheese. Served with focaccia. (240/120 cal)

POTATOES

The Plain Jane® 1590/930 cal **Original 11.19 / Lighter 10.09**
Cheddar, bacon, butter, sour cream, green onions.

Pollo Mexicano 1400/840 cal **Original 11.49 / Lighter 10.39**
Grilled chicken, cheddar, sour cream, butter, pico de gallo, Southwest spices.

Texas Style Spud® 1560/900 cal **Original 11.29 / Lighter 10.19**
Chopped BBQ beef in barbecue sauce, cheddar, butter.

The CB Ranch Potato 1760/1020 cal **Original 11.49 / Lighter 10.39**
Grilled chicken, bacon, cheddar, sour cream, butter, green onion, ranch.

DESSERTS

Deli-bration Cookie 330 cal	**2.09**
Strawberry Shortcake 940 cal	**4.79**
Chocolate Chip Cookie 310 cal	**2.09**
Cranberry Walnut Cookie 300 cal	**2.09**
Texas Chocolate Cake 560 cal	**3.59**
Fudge-Nut Brownie 450 cal	**2.89**
Classic Cheesecake 680 cal	**4.79**
Strawberry Cheesecake 700 cal	**4.99**
Chewy Marshmallow Treat 230 cal	**4.69**
Chocolate Mousse Parfait 750 cal	**3.49**

DRINKS

Fountain Drinks & Iced Teas 0-440 cal	**3.19/3.39**
Bottled Drinks 0-160 cal	**1.89-4.79**
Coffee	**1.79**

SOUPS

BOWLS 7.29 / CUPS 5.59

Broccoli Cheese 360/270 cal
Spicy Seafood Gumbo 310/200 cal
Chicken Noodle 320/250 cal
Irish Potato 620/390 cal
Chicken Pot Pie 530/310 cal
Tomato Basil 380/240 cal
Chili 550/380 cal
Fire Roasted Tortilla 220/160 cal
Vegetable 140/100 cal



KID'S MENU

Our foods are free from dyes, artificial trans fats and flavors, processed MSG, and high-fructose corn syrup. Includes choice of one drink: bottled water, apple juice, or organic low-fat white or chocolate milk. (0-150 CAL)

Cheese Pizza 470 cal	**4.89**
Pepperoni Pizza 520 cal	**4.89**
Mac & Cheese 410 cal	**4.89**
Kid's Pasta 610-620 cal	**5.49**

Pork & beef meatballs in marinara or chicken Alfredo.

Kid's Baked Potato 680 cal **5.49**
Butter, bacon and cheddar.

The 3 items below served with one side: carrots, fruit or chips. 30-110 CAL
Gluten sensitive bread available upon request.

Chicken Tenders 230 cal **5.79**
Breaded chicken strips, with choice of dipping sauce.
Parents: If you have gluten-sensitive kids, please tell your order taker.

Grilled Cheese 580/600 cal **4.89**
American cheese on multigrain wheat or country white.
Parents: If your kid has an egg allergy, please tell your order taker.

Kid's Sliders 380/370 cal **5.59**
Choice of ham or roasted turkey, American cheese, on 2 slider buns.

KID'S HAM & CHEESE SLIDERS



Vegetarian

Denotes Gluten-Sensitive Menu item Jason's Deli is not a gluten-free environment. If you are gluten-sensitive, please request gluten-free preparation when you order. Please be advised that all of our foods are prepared in a common kitchen and that Jason's Deli cannot guarantee that cross-contact with other gluten-containing products will not occur. As a result, we cannot recommend this for persons with Celiac Disease. Our gluten-free offerings are designed for those with gluten sensitivities or those who prefer to avoid gluten for nutritional reasons. Ask for our Gluten-Sensitive Menu.

2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Please visit jasonsdeli.com for allergen information and inform your order taker if a person in your party has a food allergy.

*Eggs are served medium. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may result in an increased risk for food-borne illness.

NOTES: This menu and information are provided by Analytical Food Laboratories (AFL), Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. d/b/a Jason's Deli), combined with the ingredient and allergen data from our suppliers. Jason's Deli and AFL assume no responsibility for its use and information which has not been verified by Jason's Deli. Every effort is made to keep this information current. Factors including regional suppliers, recipe revisions and others may require ingredient changes. Serving sizes as described in the nutritional information may vary due to many offerings being individually prepared and the use of differing serving containers. Limited time offers, test or regional items have not been included in our menu. For the most current nutrition, ingredient and allergen information, visit our website: jasonsdeli.com. Our food may contain these allergens: milk, eggs, fish, crustacean, tree nuts, peanuts, wheat, soy, sesame.

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